

| Medications | | Toiletries | |
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| <i>Please ensure you bring a letter from your medical practitioner for any prescription medicines along with any repeat prescriptions. While the same prescription cannot be used, it will make it easier for an Australian doctor to assist, should the need arise.</i> | | Insect repellent | |
| First Aid kit (bandages, travel sickness tablets, cold/flu tablets, aspirin, antihistamine, calamine lotion, antiseptic, scissors, tweezers, safety pins) | | UV sunscreen – Australian sun is harsh, so it is worth bringing some SPF30+ even for winter travel. | |
| Other medications that may come in handy when travelling (hopefully will not be required!) | | Toothbrush & toothpaste | |
| <ul style="list-style-type: none"> • Antiseptic cream (very useful in case of fly or mosquito bite) | | Shampoo & conditioner | |
| <ul style="list-style-type: none"> • Paracetamol | | Deodorant | |
| <ul style="list-style-type: none"> • Imodium | | Razors & Foam | |
| Seeing glasses/contact lenses if required | | Moisturiser | |
| | | Comb/hairbrush | |
| | | Hair dryer if required | |
| | | Cosmetics | |
| | | Sewing kit | |
| | | Baby wipes (always useful in a camper) | |
| | | 'no water' soap is excellent, particularly if you are in the 2BTS | |
| Other essentials | | My list..... | |
| Eco plastic bags – handy to store your dirty laundry, wet towels and rubbish. | | | |
| Torch – very useful for late night ready, fridge raiding or if you prefer to use campground bathroom facilities rather than you campervan toilet | | | |
| Address book for postcards home | | | |
| Travel journal & pens | | | |
| A good read – often campgrounds will have book exchanges in the games room or office. You can swap a book you've already finished reading | | | |
| Backpack for day/short walks | | | |
| DVDs – although you may be too tired after all your daily adventures or getting to know your new friends! | | | |
| We love to put our 'smalls' in mesh bags when travelling. This makes it easy to find our socks after a day of driving when items move around. You can probably find these at the \$2 shop if you don't have. | | | |
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